

Walk and Talk Breakfast Rota

| Date | Who |
|-------------------|----------------------|
| 22 July 2023 | Margaret/Anne/Tracey |
| 05 August 2023 | Lizbeth/Mary/Helen |
| 19 August 2023 | Margaret/Anne/Tracey |
| 02 September 2023 | Lizbeth/Mary/Helen |
| 16 September 2023 | Margaret/Anne/Tracey |
| 30 September 2023 | Lizbeth/Mary/Helen |
| 14 October 2023 | Margaret/Anne/Tracey |
| 28 October 2023 | Lizbeth/Mary/Helen |
| 11 November 2023 | Margaret/Anne/Tracey |
| 25 November 2023 | Lizbeth/Mary/Helen |
| 09 December 2023 | Margaret/Anne/Tracey |